

## Food Services **MENU**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
* All Grains are Whole Grain enrich  * All portions are based on age lev Program's values. More food may  * All portion sizes are the minumu  BLUE = Breakfast  GREEN = Snack  WG = W	els governed by the RI Food always be served. m required.	Rice Krisps, Cantaloupe, Milk  Spaghetti & Vegetarian Meat Sauce, Peas, Apples, Milk  Sliced Cucumbers, Graham Crackers	Apple Cinnamon Muffins, Bananas, Milk Vegan Nuggets, Zuchinni, Rye Bread, Pineapple, Milk Blueberries, Cheese Sticks	3 Shredded Wheat, Oranges, Milk Garden Burgers w/ Cheese, Sweet Potato Fries, Pears, Milk Watermelon, Wheat Thins
CLOSED [Labor Day]	7 Corn Muffins, Bananas, Milk Vegan Chicken Parm. Sandwiches, Wax Beans, Strawberries, Milk Pears, Cheese Sticks	Cheerios, Cantaloupe, Milk  Veggie Meatballs & Pasta w/ Sauce, Peas, Apples, Milk  Sliced Cucumbers, Graham Crackers	9 Banana Muffins, Bananas, Milk Vegan Cutlets w/ Gravy, Carrots, Dinner Rolls, Pineapple, Milk Blueberries, Cheese Sticks	Rice Crips, Oranges, Milk  Vegatarian Sausage w/ Rolls, Potato Salad, Pears, Milk  Watermelon, Wheat Thins
Chex Cereal, Apples, Milk Grilled Cutlet Sandwiches, Sliced Squash, Honeydew, Milk Oranges, Goldfish	Blueberry Muffins, Bananas, Milk Vegetarian Lasagna, Peas, Strawberries, Milk Pears, Cheese Sticks	Rice Krisps, Cantaloupe, Milk Vegan Nuggets, Cauliflower, Oatmeal Bread, Apples, Milk Sliced Cucumbers, Graham Crackers	Apple Cinnamon Muffins, Bananas, Milk Lentil Chili, Corn Bread, Pineapple, Milk Blueberries, Cheese Sticks	Shredded Wheat, Oranges, Milk Garden Burgers w/ Cheese, Baked Potato Fries, Pears, Milk Watermelon, Wheat Thins
Bran Cereal, Apples, Milk Vegan Nuggets, Broccoli, Dinner Rolls, Honeydew, Milk Oranges, Goldfish	Corn Muffins, Bananas, Milk Garden Burgers, Sweet Potatoes, Rye Bread, Strawberries, Milk Pears, Cheese Sticks	Cheerios, Cantaloupe, Milk Cheese Pizza, Garden Salad, Apples, Milk Sliced Cucumbers, Graham Crackers	Banana Muffins, Bananas, Milk Seasoned Cutlet Strips, Edamame, Brown Rice, Pineapple, Milk Blueberries, Cheese Sticks	Rice Crips, Oranges, Milk Vegetarian Shepard's Pie, Dinner Rolls, Pears, Milk Watermelon, Wheat Thins
Chex Cereal, Apples, Milk BBQ Cutlets, Green Beans, Dinner Rolls, Honeydew, Milk Oranges, Goldfish	Blueberry Muffins, Bananas, Milk Vegan Chicken Pattie Sandwiches, Cauliflower, Strawberries, Milk Pears, Cheese Sticks	Rice Krisps, Cantaloupe, Milk Cheese Manicotti, Carrots, Apples, Milk Sliced Cucumbers, Graham Crackers	Apple Cinnamon Muffins, Bananas, Milk  Vegetarian Chicken in a Bowl, Wheat Bread, Pineapple, Milk  Blueberries, Cheese Sticks	