

Food Services **MENU**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
Formula or Breastmilk,	Formula or Breastmilk,	Formula or Breastmilk,	Formula or Breastmilk,	Formula or Breastmilk,
Infant Rice Cereal, Oranges & Bananas	Infant Oatmeal, Apples	Infant Rice Cereal, Bananas	Infant Oatmeal, Cantaloupe	Infant Rice Cereal, Oranges & Bananas
Formula or Breastmilk,	Formula or Breastmilk,	Formula or Breastmilk,	Formula or Breastmilk,	Formula or Breastmilk,
Infant Oatmeal, Carrots	Infant Rice Cereal, Broccoli	Yogurt, Squash	Infant Rice Cereal, Green Beans	Infant Oatmeal, Pears
Formula or Breastmilk,	Formula or Breastmilk,	Formula or Breastmilk,	Formula or Breastmilk,	Formula or Breastmilk,
Wheat Bread, Pears	Graham Crackers, Strawberries	Infant Oatmeal, Oranges	Ritz, Blueberries	Infant Rice Cereal, Apples
8	9	10	11	12
Formula or Breastmilk,	Formula or Breastmilk,	Formula or Breastmilk,	Formula or Breastmilk,	Formula or Breastmilk,
Infant Rice Cereal, Oranges & Bananas	Infant Oatmeal, Apples	Infant Rice Cereal, Bananas	Infant Oatmeal, Cantaloupe	Infant Rice Cereal, Oranges & Bananas
Formula or Breastmilk,	Formula or Breastmilk,	Formula or Breastmilk,	Formula or Breastmilk,	Formula or Breastmilk,
Infant Oatmeal, Carrots	Infant Rice Cereal, Broccoli	Cottage Cheese, Squash	Infant Rice Cereal, Green Beans	Infant Oatmeal, Pears
Formula or Breastmilk,	Formula or Breastmilk,	Formula or Breastmilk,	Formula or Breastmilk,	Formula or Breastmilk,
Wheat Bread, Pears	Graham Crackers, Strawberries	Infant Oatmeal, Oranges	Ritz, Blueberries	Infant Rice Cereal, Apples
15	16	17	18	19
Formula or Breastmilk,	Formula or Breastmilk,	Formula or Breastmilk,	Formula or Breastmilk,	Formula or Breastmilk,
Infant Rice Cereal, Oranges & Bananas	Infant Oatmeal, Apples	Infant Rice Cereal, Bananas	Infant Oatmeal, Cantaloupe	Infant Rice Cereal, Oranges & Bananas
Formula or Breastmilk,	Formula or Breastmilk,	Formula or Breastmilk,	Formula or Breastmilk,	Formula or Breastmilk,
Infant Oatmeal, Carrots	Infant Rice Cereal, Broccoli	Yogurt, Squash	Infant Rice Cereal, Green Beans	Infant Oatmeal, Pears
Formula or Breastmilk,	Formula or Breastmilk,	Formula or Breastmilk,	Formula or Breastmilk,	Formula or Breastmilk,
Wheat Bread, Pears	Graham Crackers, Strawberries	Infant Oatmeal, Oranges	Ritz, Blueberries	Infant Rice Cereal, Apples
22	23	24	25	26
Formula or Breastmilk,	Formula or Breastmilk,	Formula or Breastmilk,	Formula or Breastmilk,	Formula or Breastmilk,
Infant Rice Cereal, Oranges & Bananas	Infant Oatmeal, Apples	Infant Rice Cereal, Bananas	Infant Oatmeal, Cantaloupe	Infant Rice Cereal, Oranges & Bananas
Formula or Breastmilk,	Formula or Breastmilk,	Formula or Breastmilk,	Formula or Breastmilk,	Formula or Breastmilk,
Infant Oatmeal, Carrots	Infant Rice Cereal, Broccoli	Cottage Cheese, Squash	Infant Rice Cereal, Green Beans	Infant Oatmeal, Pears
Formula or Breastmilk,	Formula or Breastmilk,	Formula or Breastmilk,	Formula or Breastmilk,	Formula or Breastmilk,
Wheat Bread, Pears	Graham Crackers, Strawberries	Infant Oatmeal, Oranges	Ritz, Blueberries	Infant Rice Cereal, Apples
29	30	31	* All Grains are Whole Grain enrich	and
Formula or Breastmilk, Infant Rice Cereal, Oranges & Bananas	Formula or Breastmilk, Infant Oatmeal, Apples	Formula or Breastmilk, Infant Rice Cereal, Bananas	*All portions are based on age levels governed by the RI & MA Food Program's values. More food may always be served. *All portion sizes are the minumum required.	
Formula or Breastmilk, Infant Oatmeal, Carrots	Formula or Breastmilk, Infant Rice Cereal, Broccoli	Formula or Breastmilk, Yogurt, Squash		
Formula or Breastmilk, Wheat Bread, Pears	Formula or Breastmilk, Graham Crackers, Strawberries	Formula or Breastmilk, Infant Oatmeal, Oranges	BLUE = Breakfast RED =	Lunch GREEN = Snack