

Food Services **MENU**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
* All Grains are Whole Grain enrich	ned.	1	2	3
* All portions are based on age levels governed by the RI Food		Formula or Breastmilk,	Formula or Breastmilk,	Formula or Breastmilk,
		Infant Rice Cereal, Apples	Infant Oatmeal, Bananas	Infant Rice Cereal, Cantaloupe
Program's values. More food may always be served. * All portion sizes are the minumum required.		Formula or Breastmilk,	Formula or Breastmilk,	Formula or Breastmilk,
		Yogurt, Squash	Infant Rice Cereal, Carrots	Infant Oatmeal, Green Beans
BLUE = Breakfast RED = Lunch GREEN = Snack WG = Whole Grain		Formula or Breastmilk,	Formula or Breastmilk,	Formula or Breastmilk,
		Infant Oatmeal, Mandarin Oranges	WG Ritz, Cheese	Infant Rice Cereal, Apples
6	7	8	9	10
CLOSED [Labor Day]	Formula or Breastmilk, Infant Oatmeal, Mandarin Oranges	Formula or Breastmilk, Infant Rice Cereal, Apples	Formula or Breastmilk, Infant Oatmeal, Bananas	Formula or Breastmilk, Infant Rice Cereal, Cantaloupe
	Formula or Breastmilk, Infant Rice Cereal, Broccoli	Formula or Breastmilk, Yogurt, Squash	Formula or Breastmilk, Infant Rice Cereal, Carrots	Formula or Breastmilk, Infant Oatmeal, Green Beans
	Formula or Breastmilk, WG Graham Crackers, Watermelon	Formula or Breastmilk, Infant Oatmeal, Mandarin Oranges	Formula or Breastmilk, WG Ritz, Cheese	Formula or Breastmilk, Infant Rice Cereal, Apples
13	14	15	16	17
Formula or Breastmilk,	Formula or Breastmilk,	Formula or Breastmilk,	Formula or Breastmilk,	Formula or Breastmilk,
Infant Rice Cereal, Bananas	Infant Oatmeal, Mandarin Oranges	Infant Rice Cereal, Apples	Infant Oatmeal, Bananas	Infant Rice Cereal, Cantaloupe
Formula or Breastmilk,	Formula or Breastmilk,	Formula or Breastmilk,	Formula or Breastmilk,	Formula or Breastmilk,
Infant Oatmeal, Peas	Infant Rice Cereal, Broccoli	Yogurt, Squash	Infant Rice Cereal, Carrots	Infant Oatmeal, Green Beans
Formula or Breastmilk,	Formula or Breastmilk,	Formula or Breastmilk,	Formula or Breastmilk,	Formula or Breastmilk,
WG Wheat Bread, Pears	WG Graham Crackers, Watermelon	Infant Oatmeal, Mandarin Oranges	WG Ritz, Cheese	Infant Rice Cereal, Apples
20	21	22	23	24
Formula or Breastmilk,	Formula or Breastmilk,	Formula or Breastmilk,	Formula or Breastmilk,	Formula or Breastmilk,
Infant Rice Cereal, Bananas	Infant Oatmeal, Mandarin Oranges	Infant Rice Cereal, Apples	Infant Oatmeal, Bananas	Infant Rice Cereal, Cantaloupe
Formula or Breastmilk,	Formula or Breastmilk,	Formula or Breastmilk,	Formula or Breastmilk,	Formula or Breastmilk,
Infant Oatmeal, Peas	Infant Rice Cereal, Broccoli	Yogurt, Squash	Infant Rice Cereal, Carrots	Infant Oatmeal, Green Beans
Formula or Breastmilk,	Formula or Breastmilk,	Formula or Breastmilk,	Formula or Breastmilk,	Formula or Breastmilk,
WG Wheat Bread, Pears	WG Graham Crackers, Watermelon	Infant Oatmeal, Mandarin Oranges	WG Ritz, Cheese	Infant Rice Cereal, Apples
27	28	29	30	
Formula or Breastmilk,	Formula or Breastmilk,	Formula or Breastmilk,	Formula or Breastmilk,	
Infant Rice Cereal, Bananas	Infant Oatmeal, Mandarin Oranges	Infant Rice Cereal, Apples	Infant Oatmeal, Bananas	
Formula or Breastmilk,	Formula or Breastmilk,	Formula or Breastmilk,	Formula or Breastmilk,	
Infant Oatmeal, Peas	Infant Rice Cereal, Broccoli	Yogurt, Squash	Infant Rice Cereal, Carrots	
Formula or Breastmilk,	Formula or Breastmilk,	Formula or Breastmilk,	Formula or Breastmilk,	
WG Wheat Bread, Pears	WG Graham Crackers, Watermelon	Infant Oatmeal, Mandarin Oranges	WG Ritz, Cheese	